











## INSTRUCTIONS

- 1 Apply headband with the foam side against the skin and hair, so that the wide section is centered posteriorly. **Figure 1** 
  - Tighten to a comfortable snug fit, taking care to tighten both the left and right sides evenly.
- 2 The DCO should always be worn over a light T-shirt or undergarment and not directly against the skin.
- **3** Position the upright so that the occipital support rests comfortably over the apex of the occiput. This should locate the ROM hinge at the height of the lower cervical spine. **Figure 2**
- 4 Check the location of the thoracic pad and confirm that the superior trimline is located just below the inferior angle of the scapula.
  - If relocation of the thoracic pad is necessary, removed the two Chicago screws attaching the thoracic pad and relocate the pad to the proper height.
  - If the metal upright extends below the inferior trimline of the thoracic pad, it may be necessary to cut the excess material away using a hacksaw.
  - Reattach thoracic pad to metal upright using two Chicago screws.
  - It will likely be required that you contour the upright to match the natural curve of the thoracic and cervical spine to achieve the proper angle for the cranial rest pad.
  - Contouring of the upright can be done over a chair-back or using contouring irons.
- 5 Attach the encircling strap around the torso (at lower rib level) and adjust tension to a snug level, adequate to hold the DCO in place while adjusting the shoulder straps. **Figure 5**
- 6 Attach shoulder straps, one at a time. Tension the straps to a snug tightness when the arm is fully extended and abducted. **Figure 6** 
  - Check tension with arm down at the side to ensure that the straps are not over-tightened.
- 7 Check the tension of the encircling strap around the chest and make any adjustments necessary.
- 8 Attach the remaining loose side of the elastic bands to the spring hooks attached to the headband. **Figure 7** 
  - If any minor adjustment is needed to the tension of the elastic bands, adjustment can be made by releasing the cam buckles on the back of the posterior cranial rest pad and sliding the strap to increase or decrease tension.

## FOR TECHNICAL SUPPORT CONTACT SURESTEP THE EXCLUSIVE DISTRIBUTOR OF THE DCO

## **Defective Merchandise**

If the product is not functioning properly due to a manufacturer's defect, we will repair the product for you at no charge within 30 days from the date of purchase.

