

Surestep Solutions for Toe Walking

Indy 2 Stage - Solid

Indications:

- Tight/Spastic plantarflexors
- Inability to get foot to 90 degrees with knees extended
- Pronation or hyperextension while heels are on the ground



Indy 2 Stage - Articulated, PLS, Dorsiflexion Assist

Indications:

- Tight/Spastic plantarflexors
- Ability to get foot to 90 degrees with knees extended
- Child can get heels down without excessive pronation or hyperextension



Toe Walking SMO

Indications:

- Consistent toe walking
- Ability to get foot to 90 degrees with knees extended
- More than 50% of time spent on toes (unchanged with shoes)
- Anterior weight lines and lack of lateral weight shifts
- Sensory deficits



SMO

Indications:

- Toe walking for a short time
- Ability to get foot to 90 degrees with knees extended
- Excessive pronation
- Less than 50% of time spent on toes (improved with shoes)
- Anterior weight lines and lack of lateral weight shifts
- Sensory deficits



Key Considerations

- Age
- Range of motion
- Primary deficit
- Gross motor skill level
- % of time on toes
- Use history
- Postural control

