



# How to Fit a Surestep SMO

Use this checklist for the initial fitting and adjustment of SMOs

- Ensure socks extend past the top of the SMO
- Check that "L" and "R" stickers are placed correctly, and tell the family that standard Surestep trimlines could make left and right seem opposite to them
- Open the SMO at the dorsum wings, position it behind the foot, and pull it forward from behind the foot
- Seat the heel into the SMO correctly by dorsiflexing and supinating the foot
- Place a dorsal pad on top of the foot, then pull the straps tight enough to prevent pronation within the brace
- Ensure there is 3/8" to 1/2" between the dorsum wings
- Ensure the length of the SMO is distal to the 5th metatarsal head and proximal to the 1st metatarsal head (with standard Surestep trimlines)
- Extend the 5th toe to ensure that the plastic doesn't pinch the skin during propulsion
- Ensure the 1st metatarsal head is free for propulsion and the 5th metatarsal head is covered
- Mark the straps to show the family how tight they need to pull the straps, then trim away excess strap material
- Open heel mod: Ensure the child's heel drops all the way to the floor while standing
- Check that the child's shoes are wide and deep enough to properly fit around the SMO